

A visit to the dentist

Today, let's talk about a visit to the dentist. It's a place all of us at some point in our lives end up visiting. Most people hate going, as the thought of having a filling or a tooth removed generally puts the fear of god up them.

Many dental practices have a waiting room. Some magazines generally sit in a pile on a table next to some chairs. Fish tanks used to be popular in waiting rooms.

At the reception desk you check-in. The receptionists are always helpful and busy. Most dental practises have long waiting lists. Certainly one should go once a year for a check-up. A visit to the hygienist might follow. The moment arrives when you are called into the dentist's surgery. It is a pleasant greeting. The niceties of the day follow ahead of sitting in the dentist's chair. Suddenly you have to open your mouth. This is when you are trapped. You have a moment of fear. There is no escape!

If you are having a filling there is the fear of the drill or drills, as well as pain. An injection may be needed. You are glued to the seat. The dentists face is staring down at you. There is the ceiling or light above you to look at to avoid their face.

The tooth is cleaned and drilled. The filling is applied. A dentist's assistant is on hand at all times to help the dentist complete the task. From time to time you take a drink of water from the plastic cup and spit out the bits from the treatment given. You are mightily relieved when it is all over and the dentist's chair goes into the upright position.

Lastly, there is the shock of the bill. Dentists are not cheap! They have a living to earn much like everyone else. The difference here being - we can't live without them! Carry on the good work!

SPEAKING – WARM UP

Think of three things you know about dentists. Go round the room swapping details with others.

LISTENING – WRITING - DICTATION

The teacher will read some lines of the article slowly to the class.

READING

Students should now read the article aloud, swapping readers every paragraph.

SPEAKING - UNDERSTANDING

1) The article – Students check any unknown vocabulary or phrases with the teacher.

2) The article - Students should look through the article with the teacher.

- 1) What is the article about?
- 2) What do you think about the article?
- 3) Was this an easy or difficult article to understand?
- 4) Was this a boring or interesting article?
- 5) Discuss the article.

3) Article quiz - Students quiz each other in pairs. Score a point for each correct answer. Score half a point each time you have to look at the article for help. See who can get the highest score!

Student A questions

- 1) What is a 'filling'?
- 2) What is a 'hygienist'?
- 3) What is a 'dentist'?
- 4) Explain the meaning 'There is no escape!'
- 5) What is 'pain'?

Student B questions

- 1) What is in a plastic cup?
- 2) Explain the term 'niceties'.
- 3) Many people hate going where?
- 4) What is a 'fish tank'?
- 5) What is an 'injection'?

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WRITING / SPEAKING – AT THE DENTIST

Waiting Reception Room - *In pairs* write down three things you might see. Talk about them!

- 1) _____
- 2) _____
- 3) _____

WRITING / SPEAKING

In the dentist surgery - *In pairs* write down three things you might see. Talk about them!

- 1) _____
- 2) _____
- 3) _____

WRITING / SPEAKING

In the dentist's chair - *In pairs* write down three things you might see. Talk about them!

- 1) _____
- 2) _____
- 3) _____

WRITING / SPEAKING

How you feel! - *In pairs* write down three feelings you have whilst at the dentist. Talk about them!

- 1) _____
- 2) _____
- 3) _____

DISCUSSION

Student A questions

- 1) What does a dental assistant do?
- 2) Does your dental surgery have a fish tank in the reception?
- 3) When did you last go to the dentist?
- 4) What did you have done when you last went to the dentist?
- 5) When was the last time you had a filling?
- 6) Who pays when you go to the dentist?
- 7) Do you have silver/white/gold fillings?
- 8) Do you have any false teeth?
- 9) Do you wear a brace or have you ever worn a brace?
- 10) Have you learnt anything in today's English lesson?

WRITING / SPEAKING

In pairs. On the board write as many words as you can about '**dentists**'. *One-two minutes.* Compare with other teams. Using your words compile a short dialogue together.

WRITING / READING / SPEAKING

In class - Write 50 words about: *A visit to the dentist.*

The teacher will choose some pairs to discuss their findings in front of the class.

SPEAKING - ROLEPLAY 2

In pairs - *Student A* is a news reporter. *Student B* is themselves. *Student A* interviews *Student B* about a visit to the dentist. *3 mins.*

SPEAKING - DISCUSSION

Allow 10 minutes – As a class.

<p><i>Discuss the following...</i></p> <p>A visit to the dentist</p>
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The teacher can moderate the session.

DISCUSSION

Student B questions

- 1) Have you had your wisdom teeth removed? If yes, how? Where? Why?
- 2) When did you last see a hygienist?
- 3) How often do you brush your teeth?
- 4) What brand of toothpaste do you use? Why?
- 5) Have you considered changing the brand of toothpaste you use?
- 6) What is the thing you fear most when you visit a dentist?
- 7) What is the best thing about visiting a dental surgery?
- 8) How do you feel when the dentist says 'open wide' and you see the drill?
- 9) What is the most complicated thing you have had done at the dentists?
- 10) Did you like this discussion?

GAP FILL: READING

A visit to the dentist

Today, let's talk about a visit to the (1)__. It's a place all of us at some point in our lives end up visiting. Most people hate going, as the thought of having a filling or a (2)__ removed generally puts the fear of god up them. Many dental practices have a waiting room. Some (3)__ generally sit in a pile on a table next to some chairs. Fish tanks used to be popular in waiting rooms.

At the (4)__ desk you check-in. The receptionists are always helpful and busy. Most dental practises have long waiting lists. Certainly one should go once a year for a check-up. A visit to the (5)__ might follow.

The moment arrives when you are called into the dentist's (6)__. It is a (7)__ greeting. The (8)__ of the day follow ahead of sitting in the dentist's chair.

surgery / hygienist / pleasant / dentist / magazines / reception / niceties / tooth

Suddenly you have to open your mouth. This is when you are trapped. You have a moment of (1)__. There is no escape! If you are having a filling there is the fear of the (2)__ or drills, as well as (3)__. An (4)__ may be needed. You are glued to the seat. The dentists face is staring down at you. There is the ceiling or light above you to look at to (5)__ their face.

The tooth is cleaned and drilled. The filling is applied. A dentist's (6)__ is on hand at all times to help the dentist complete the task. From time to time you take a drink of water from the plastic cup and spit out the bits from the (7)__ given. You are mightily relieved when it is all over and the dentist's chair goes into the upright position.

Lastly, there is the (8)__ of the bill. Dentists are not cheap! They have a living to earn much like everyone else. The difference here being - we can't live without them! Carry on the good work!

injection / assistant / avoid / shock / pain / drill / fear / treatment

GAP FILL: GRAMMAR

A visit to the dentist

Today, let's talk about a visit to the dentist. It's a place all of (1)__ at some point in our lives end up visiting. Most people hate going, as the thought of having a filling or a tooth removed generally puts the fear of god up (2)__. (3)__ dental practices have a waiting room. (4)__ magazines generally sit in a pile on a table next to some chairs. Fish tanks used to be popular in waiting rooms.

At the reception desk (5)__ check-in. The receptionists are always helpful and busy. (6)__ dental practises have long waiting lists. Certainly one (7)__ go once a year for a check-up. A visit to the hygienist might follow.

The moment arrives (8)__ you are called into the dentist's surgery. It is a pleasant greeting. The niceties of the day follow ahead of sitting in the dentist's chair.

should / when / most / many / some / them / us / you

Suddenly you have to open your mouth. This is when you are trapped. You have a moment of fear. There is no escape! (1)__ you are having a filling there is the fear (2)__ the drill (3)__ drills, (4)__ pain. (5)__ injection may be needed. You are glued to the seat. The dentists face is staring down at you. There is the ceiling or light above you to look at to avoid their face.

The tooth is cleaned and drilled. The filling is applied. A dentist's assistant is (6)__ hand at all times to help the dentist complete the task. From time to time you take a drink of water from the plastic cup and spit out the bits from the treatment given. You are mightily relieved when (7)__ is all over and the dentist's chair goes into the upright position.

Lastly, there is the shock of the bill. Dentists are not cheap! They have a living to earn much like everyone else. The difference here being - (8)__ can't live without them! Carry on the good work!

we / if / it / of / an / or / as well as / on

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GAP FILL: LISTENING

A visit to the dentist

Today, let's talk about _____. It's a place all of us at some point in our lives end up visiting. Most people hate going, as the thought of having a filling or a tooth removed generally puts the _____.

Many dental practices have a waiting room. Some magazines _____ on a table next to some chairs. Fish tanks used to be popular in waiting rooms. At the reception desk you check-in. The receptionists are always helpful and busy. _____ have long waiting lists. Certainly one should go once a year for a check-up. A visit to the hygienist might follow. The moment arrives when you are called into the dentist's surgery. It is a _____. The niceties of the day follow ahead of sitting in the dentist's chair. Suddenly you have to open your mouth. This is when you are trapped. You have _____. There is no escape! If you are having a filling there is the fear of the drill or drills, as well as pain. An injection may be needed. You are glued to the seat. The

dentists face is staring down at you. There is the ceiling or light above you to look at _____.

The tooth is cleaned and drilled. The filling is applied. A dentist's assistant is on hand at all times to help the dentist complete the task. _____ you take a drink of water from the plastic cup and spit out the bits from the treatment given. You are mightily relieved when it is all over and the dentist's chair goes into _____. Lastly, there is the shock of the bill. Dentists are not cheap! They have a living to earn much like everyone else. The difference here being - we can't live without them! _____!

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WRITING/SPELLING

WRITING / SPEAKING

1) On the board – As a class / In pairs - List 20 things you will see in when you visit the dentist. *Five minutes. Discuss together.*

2) Sentence starters - Finish these sentence starters. Correct your mistakes. Compare what other people have written.

- 1) When I am in the dentist's chair _____
- 2) When I go to the dentist _____
- 3) A visit to _____

3) Homework - Write and send a 200 word email to your teacher about: **A visit to a dentist.** Your email can be read out in class.

SPELLING

The teacher will ask the class individually to spell the following words that are in the article. Afterwards check your answers.

- 1) dentist
- 2) thought
- 3) filling
- 4) tooth
- 5) generally
- 6) magazines
- 7) practices
- 8) reception
- 9) busy
- 10) certainly

SPELLING

Use the following ratings:

- Pass = 12**
- Good = 15**
- Very good = 18**
- Excellent = 20**

- 11) hygienist
- 12) suddenly
- 13) escape
- 14) surgery
- 15) fear
- 16) injection
- 17) assistant
- 18) shock
- 19) earn
- 20) mightily

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